



Planning a Seychelles holiday to include some island hopping is not as daunting as it may sound but to make it really simple for you we have prepared this quick reference guide.

Where to start? The traveller's expectations of their Seychelles holiday experience is most important – if it's just a relaxing beach experience you are looking for, then perhaps the full stay on one island and time spent in-resort would work best. But if it's a first time visit and you are keen to experience as much as you can in the allocated time frame then you should look at a combination of Mahe and Praslin. La Digue is also most definitely worth a visit but this traditional and quaint island can be enjoyed on a full day or half day excursion from Praslin.

The Islands on **Mahe** alone there are over 65 beaches and each one has its own charm – we recommend visitors explore at their own pace – most hotels will pack a lunch or it's fun to do some local shopping and make up your own picnic. Top beaches include Beau Vallon, Anse Royale, Grand Anse, Intendance and Takamaka. Sightseeing highlights include the market in Victoria, Mission Lodge with its stunning views of Mahe's west coast, the Takamaka Rum Distillery and a catamaran cruise around the coast.

**Praslin** is home to the renowned Anse Lazio and Cote d'Or beaches amongst others, and also to the UNESCO World Heritage Site of Vallee de Mai where over 6000 coco de mer (double lobed coconut) palms grow and where the rare black parrot lives. Island hopping excursions to Cousin, Curieuse and St. Pierre as well as La Digue are a must.

**La Digue** has retained its old world charm with island transport being traditional ox carts or you can hire a bike and cycle around on your own – the island's Anse Source d'Argent is one of the most photographed beaches in the world.

Silhouette, Denis, Enchanted, Fregate, North and Bird Islands are other popular options for guests wanting more of a private island experience. Island Combos Be sure to check your international flight times when planning any island combo holiday as the flight from SA arrives in Seychelles after 20h00, and other than an immediate flight connection to Praslin, you cannot transfer to any other island. Likewise, the return flight to SA departs Seychelles after 09h00 and whilst you can transfer from Praslin or Silhouette to connect with this flight, coming from any other island would require an overnight stop on Mahe.

Destination	Duration	Recommended Routing
Mahe	7 nights	Full day Praslin & La Digue excursion: Mahe-Praslin 90mins by ferry & Praslin - La Digue 30mins
Mahe & Praslin	7 nights	4 nights on Mahe, 3 nights on Praslin
Mahe, Praslin & La Digue	7 nights	4 nights on Mahe, 3 nights on Praslin, full day La Digue tour: Praslin - La Digue 30mins by ferry
Praslin & La Digue	7 nights	4 nights on Praslin, 2 nights on La Digue, 1 night on Praslin
Mahe & Silhouette	7 nights	1 night on Mahe and 6 nights on Silhouette